

REPLACEMENT INSTRUCTIONS

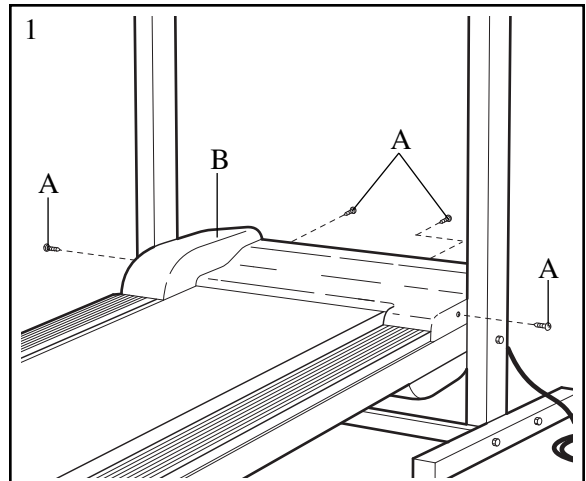
REPLACING THE FRONT ROLLER

▲ CAUTION: Unplug the power cord before beginning. Electric shock may occur if the power cord is connected to an electrical outlet.

1. Please read these instructions completely before beginning.

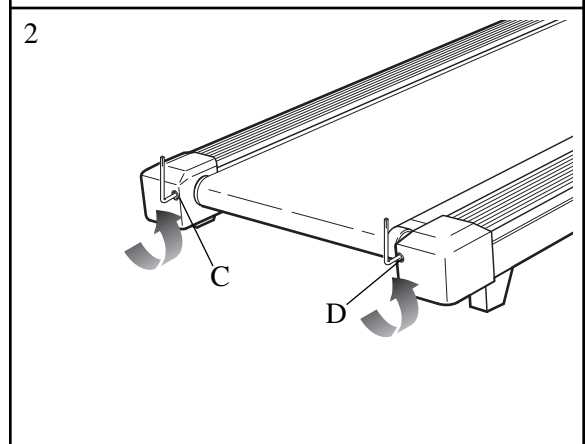
Remove the key and **unplug the power cord.**

Remove the four Screws (A) from the Motor Hood (B).
Remove the Motor Hood.



2. Using the allen wrench included with your treadmill, loosen the Left Adjustment Bolt (C) as far as possible without removing it. **Count how many times you turn the Bolt. Number of turns: _____.**

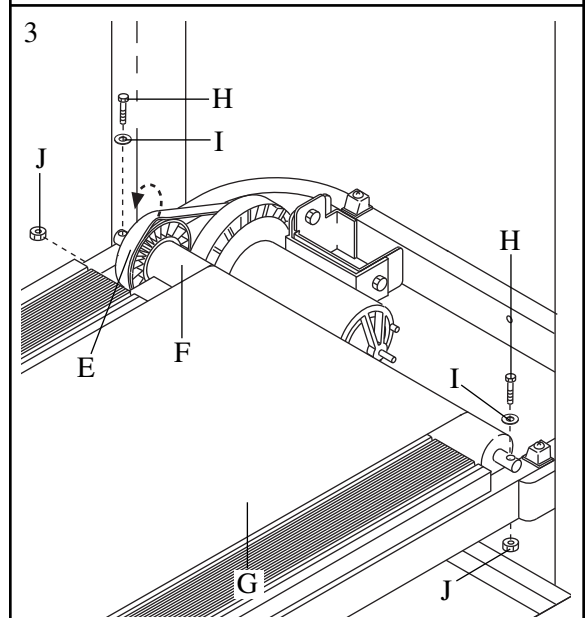
Using the allen wrench, loosen the Right Adjustment Bolt (D) as far as possible without removing it. **Count how many times you turn the Bolt. Number of turns: _____.**



3. Slide the Motor Belt (E) off the Pulley on the Front Roller (F). **Note: You may find it helpful to roll the Walking Belt (G) forward while working the Motor Belt off the Pulley.**

Using a 7/16" wrench and an adjustable wrench, remove the Front Bolt (H), Washer (I) and Nut (J) from the left side of the Front Roller (F).

Using the same two wrenches, remove the Front Roller Bolt (H), Washer (I) and Nut (J) from the right side of the Front Roller (F).



4. Slide the Front Roller (F) out of the Walking Belt (G).

Slide the new Front Roller (F) into the Walking Belt (G). Slip the Motor Belt (E) over the pulley on the Front Roller.

5. Attach the new Front Roller (F) to the left side of the Frame (K) with the Front Roller Bolt (H), Washer (I) and Nut (J). Secure the Front Roller to the right side of the Frame with the other Front Roller Bolt (H), Washer (I) and Nut (J). Fully tighten the Front Roller Bolts.

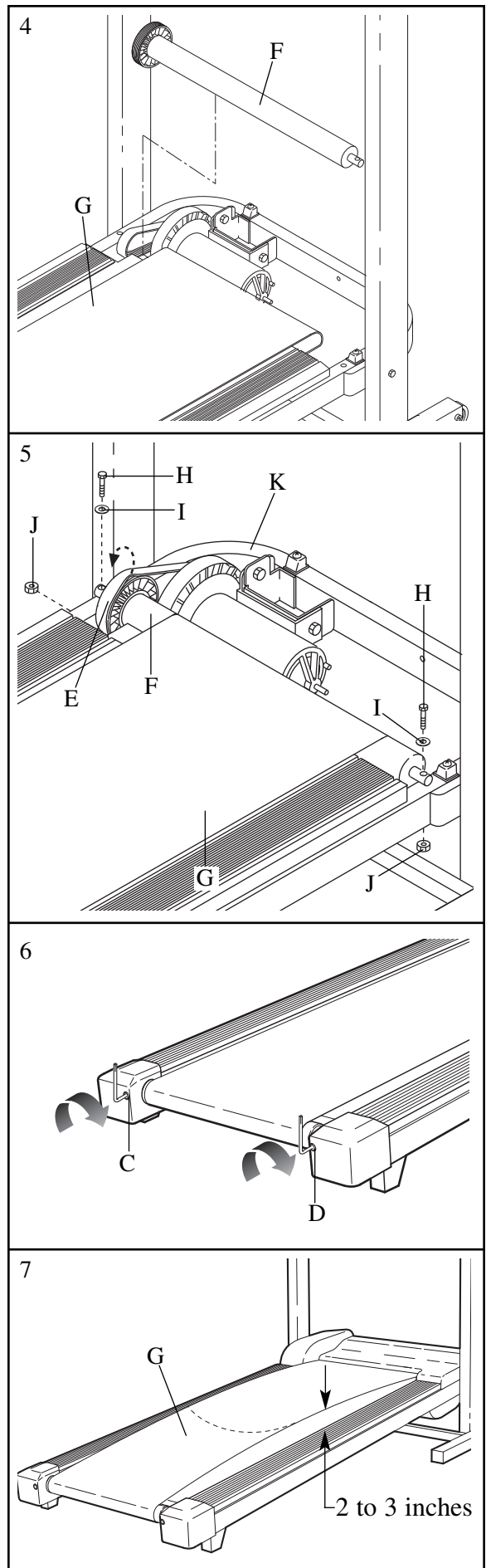
Hold the Motor Belt (E) in place on the pulley on the treadmill motor. Work the Motor Belt onto the pulley on the Front Roller (F). It may be helpful to turn the Front Roller while working on the Belt.

6. Using the allen wrench, tighten the Left Rear Roller Adjustment Bolt (C). **Use the same number of turns made to loosen it in step 2.**

Using the allen wrench, tighten the Right Rear Roller Adjustment Bolt (D). **Use the same number of turns made to loosen it in step 2.**

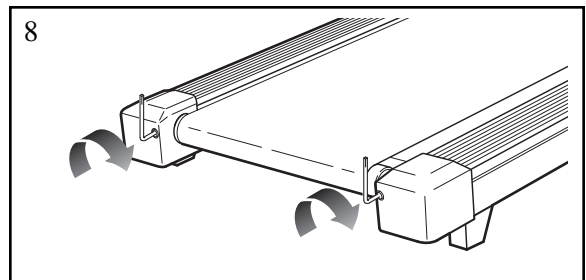
7. Check the tension of the Walking Belt (G). If the walking belt is correctly tightened, you should be able to lift each side of the walking belt 2 to 3 inches off the walking platform.

Plug in the power cord and insert the key. Run the treadmill at approximately 1.5 mph. If the walking belt is properly centered and does not slip when walked on, go to step 11. If the walking belt slips or shifts to the side, follow steps 8 through 10, as needed, to correctly adjust the walking belt.



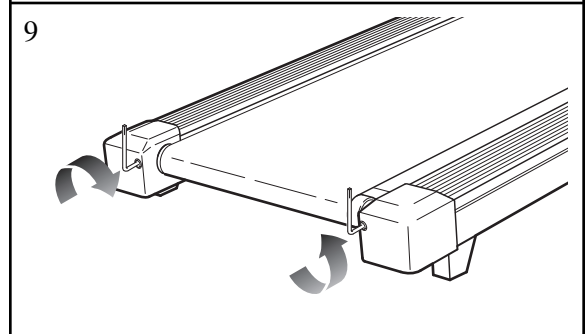
8. IF THE WALKING BELT SLIPS:

- a. Remove the key and **unplug the power cord**. First tighten the Right Adjustment Bolt and then the Left Adjustment Bolt, 1/4 of a turn each. Repeat step 7.
- b. If the walking belt still slips, repeat step 8a.
- c. Repeat this adjustment until the walking belt no longer slips.



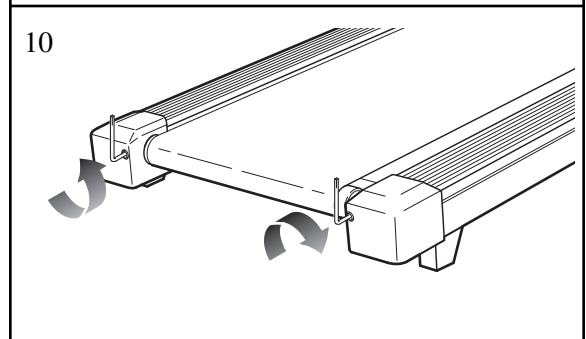
9. IF THE WALKING BELT MOVES TO THE LEFT:

- a. Remove the key and **unplug the power cord**. Turn the Right Adjustment Bolt counterclockwise and the Left Adjustment bolt clockwise 1/4 of a turn each.
- b. Repeat Step 7. If the walking belt is still moving to the left, repeat Step 9a.
- c. Repeat this adjustment until the walking belt is centered on the walking platform and does not tend to move to the side.



10. IF THE WALKING BELT MOVES TO THE RIGHT:

- a. Remove the key and **unplug the power cord**. Turn the Right Adjustment bolt clockwise and the Left Adjustment Bolt counterclockwise 1/4 of a turn each.
- b. Repeat Step 7. If the walking belt is still moving to the right, repeat Step 10a.
- c. Repeat this adjustment until the walking belt is centered on the walking platform and does not tend to move to the side.



11. Check for proper operation. If the treadmill does not operate properly, review the above steps and refer to the user's manual.